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Specialising in Rejuvenation
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DC Derm Docs Newsletter

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Body Contouring

As the New Year is fast approaching, we all tend to think about what our New Year's resolutions will be. For some it might be quitting smoking or being more organized; for others it is a time for self improvement. For many men and

Happy Holidays!!!!

As a special treat for all current and prospective clients, we are offering a 50% off special on Silkpeels as well as medical cosmetic chemical peels. This will be a once a year only offer to say welcome and thank you. Please feel free to schedule your silkpeel or chemical peel today.

What is a **silkpeel**? A silkpeel is the new microdermabrasion. Silkpeel is the most advanced skin treatment available today to exfoliate the skin and infuse a skin specific cosmeceutical leaving you with a fresher feeling and better looking skin.

[Scroll down for more offers!!!](#)

The holidays are upon us and it's time to look your best! In this issue, we're pleased to share important news about new procedures that could be just what you're looking for. Please take a few moments to enjoy these stories. We also invite you to share your thoughts, questions and ideas with us. We're always interested in finding new ways to take care of you, our valued patients.

Body Contouring:

women alike, image is important when they look in the mirror.

Is there a little spare tire? Do you seem to be sagging in the rear end? Do you suffer with "orange peel" cellulite? Did you just go through a period of weight loss or have a baby and are suffering with loose crepe skin? It often happens that you can exercise until you are blue in the face and diet until starvation sets in and still suffer from these problems listed above.

Under those circumstances you may want to consider **body contouring**. There are many different ways that you can deal with body contouring without surgery or down time. Each procedure listed below can be implemented alone or in conjunction with another of the body contouring procedures to get the ultimate results.



1) Thermage

Thermage is a form of body contouring that generally requires one treatment. As you age the collagen in your skin breaks down resulting in wrinkles, sagging crepe skin and bulging skin. Body thermage helps tighten and renew your skin's collagen through all three skin levels: the epidermis, dermis and deep subcutaneous (fat) layer.

Thermage uses radio- frequency technology to safely heat the deeper layers of skin stimulating existing collagen and promoting new collagen growth.

Most people don't even know that collagen exists all over the body and not just on the face. By tightening the collagen and melting a very small amount of fat, the skin looks tighter, smoother and noticeably firmer. Some results can be seen immediately, however the effects of the procedure continue to improve for several months after the thermage treatment. Thermage is not only used on the abdomen, but many other areas of the body....buttocks, thighs, knees, upper arms, hands and face. In some situations, thermage may be paired with another procedure such as mesotherapy or velashape to get the ultimate results.

All of the above treatments work to help reduce fat and cellulite, but are not a weight loss program. Without proper exercise and diet, these treatments will not work. Not everyone is a candidate for these treatments, but our office does offer free consultations. Feel free to contact us today. (Add phone numbers, pictures, and link to web/news)

[WUSA9 Thermage](#)

[ABC7 Thermage](#)

[FOX5 Thermage](#)

[CBS Early Show Thermage](#)

2) Mesotherapy

[Mesotherapy](#) has been used in Europe since 1952 when it was invented. It is the injection of a mixture of FDA approved medications, vitamins and minerals into the fat underneath of your skin. The mixture may vary from person to person depending upon the condition and area being treated. The mixture of these medications melts the fat beneath the skin and shrinks the deeper fat cells. Once the fat is melted it is absorbed into the blood stream and carried away from the body through the kidneys. Mesotherapy is best used for spot areas of "fat pockets" that are stubborn and also in conjunction with other procedures such as thermage and velashape. Results from the mesotherapy treatment can usually be seen gradually after one or two treatments, while other people may require 3+ treatments to get the best results.



3) Velashape

[Velashape](#) uses combined energies (vacuum, infrared heat and radiofrequency known as elos technology) to precisely target and heat fatty tissues within the treatment area. In addition, the vacuum and tissue manipulation even out the skin to reveal a smoother, tighter figure. Improvements from Velashape are gradual over a period of time. Some minor improvement can be seen after the first treatment, such as a slight smoothing and tightening of skin. In clinical studies, Velashape has reduced circumference on average .05-3 inches. The treatment is safe and there are no short or long-term side effects. It is not painful; it actually feels like a warm massage. Maintenance treatments are required periodically after your initial series of treatments to maintain results.

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What's New in Non-Surgical Dermatology?

Why would anyone want to go under the knife if they could find an alternative solution to looking great? Good question. With improvement in technology it is becoming more and more possible to stay younger looking and feel better about ourselves without having to have a surgical face lift.

Reliant Technologies has come up with a way to bring us closer to that goal. They have created a new laser treatment called [Fraxel re:pair](#). Fraxel re:pair is different from that of its counterpart Fraxel restore as it is a more aggressive treatment meriting more dramatic results. With the fraxel re:pair you not only get more dramatic results without risks and complications of going under the knife. You can also prevent the need to ever consider a facelift. Fraxel re:pair treatments use points of light to precisely treat thousands of microscopic areas of your skin. The treatment penetrates deep into the skin to remove old, damaged skin cells as it stimulates your body's own natural healing process which replaces the old damaged cells with fresh, glowing, healthy skin. Fraxel re:pair is such a precise treatment that makes it possible to treat not only the face, but the neck, chest, and hands as well. Results are immediate and progressive. Your skin will look brighter and show a more even tone. Over 3-6 month period you can expect to see even more improvement as the deep layers of the skin continue to heal. Overall, fraxel re:pair is the perfect treatment to tighten loose skin, smooth wrinkles and remove years from your appearance. Not everyone is a candidate for this treatment. It is important to schedule a free consultation to see if this treatment is right for you.

Save 50%

(\$200.00 value for \$100.00)

[Drs. Isaacson & Berzin](#) are happy to offer you a special discount this December. Take advantage of half-price silkpeels to look your best this holiday season.



Dr. Isaacson & Berzin are happy to announce the addition of Obagi products to our

Save 10%

For the month of December take advantage of 10% off of any Obagi product.

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